

USDA Foods Product Information Sheet

For Child Nutrition Programs



110394– Tortillas, Whole Grain or Whole Grain-Rich

Category: Grains (Whole Grain)



PRODUCT DESCRIPTION

This item is 8 inch wheat tortillas that are made from whole wheat flour or a combination of whole wheat and enriched wheat flour. This product is delivered frozen in cases containing twelve packages with 24 tortillas each.

CREDITING/YIELD

- One case of product yields 288 tortillas.
- CN Crediting: 1 whole grain tortilla credits as 1.5 ounce equivalent of grains.

CULINARY TIPS AND RECIPES

- Whole grain tortillas can be used for deli wraps, burritos, soft tacos, and quesadillas.
- Whole grain tortillas can also be cut up and baked to make a crunchy soup or salad topping.
- To find culinary techniques and recipe ideas, visit [NFSMI](#) or [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1 8" tortilla

Amount Per Serving

Calories 120

Total Fat 3g

Saturated Fat 1.5g

Trans Fat 0g

Cholesterol 0mg

Sodium 220mg

Total Carbohydrate 21g

Dietary Fiber 2g

Sugars 1g

Protein 3g

Source: USDA Foods Vendor Labels

Allergen Information: Product contains wheat. Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer directly.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.